

Message from our Manager,

Amparo Vasquez . . .

I want to wish each and everyone of you a very Happy and Healthy New Year. The last couple of years have been a challenge for so many of us, but let us look forward to this New Year and pray our lives will start feeling normal and that 2022 will be a year filled with God's blessings.



CONGRATULATIONS TO THE UGLY CHRISTMAS SWEATER WINNER,

DUANE STEPHENS

Other Contestants:

Tiger Lilly

Patsy Menasco

Lucy Starkey

Cris Sosa

TLC Home Health Care will be administering blood pressure and blood sugar checks every Wednesday beginning January 12th from 10:30 am to 11:30 am

CARLSBAD COMMUNITY VOLUNTEER NETWORK

VONCILE KING  
CCVN COORDINATOR  
575-887-0871



SJSC Advisory Board

Pat Jones, Chairperson  
Jim Grantner  
Franceal Lucia  
Tony Hernandez  
Tanya Templeton  
Julia Williams  
Dorothy Wright  
Advisory Board Meets on the 1st Wednesday of every month at 12:30 pm

SAN JOSE CENTER STAFF

Manager—Amparo Vasquez  
Assistant Manager—Corina Yrigollen  
Activities Assistant—Lionel Munoz  
Custodian—Rene Gutierrez

2022

JANUARY NEWSLETTER

San Jose Senior Center  
2814 San Jose Blvd.  
575-885-1402



TUESDAY AFTERNOON BINGO

San Jose Tuesday Afternoon Bingo will start on Tuesday, January 11, 2022 from 1 pm to 4 pm., and will be held every Tuesday at the same time until otherwise notified.

Masks are required upon entering the Center and while you are walking around purchasing your cards or snacks. Once you are sitting at your table you may remove your mask. The limit is four persons per table. The Master Pack is \$5.00 each and consists of 8 games. Cards for the Early Bird, Blackout, and Winner Take All are \$1.00 per sheet.

Senior Meals are served daily from 11:30 to 12:30 pm. For those 60 years of age or older the suggested donation is \$2.00. If you are under the age of 60, the cost is \$8.00.

STATE INCOME TAX REBATE PREPARATION BEGINS WEDNESDAY, FEB 2nd AT 1 PM

SAN JOSE CENTER HOURS

The Center is open Monday through Friday, 8 am to 5 pm  
Closed Saturday and Sunday.

Dance—Baile

Friday, January 21, 2022  
6:00 pm to 9:00 pm



# What's Going On At San Jose Center

## Walking with Lionel

Mon., Wed. and Fri. at 10:30 a.m.

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## Mexican Bingo

Mexican Bingo Wednesdays from 10:30 am to 11:30 am



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## Creative Coloring

Creative Coloring 9 am to 10 am



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## THE JAMMERS

play their great music every other Thursday from 10:30 to 12 noon.



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## Weight/Exercise Room

Treadmills, free weights and more.



## Line Dancing

Line Dancing Group meets every Monday and Thursday from 1:30 pm to 4 pm.



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## Quilting Group

The Quilting Group meets every Wednesday from 9:30 am to 3 pm.



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## Blood Pressure/ Blood Sugar Check

TLC nurses are here every Wednesday from 10:30 am to 11:30 am



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## Pool Room



San Jose Tuesday Afternoon Bingo is held every Tuesday from 1 pm to 4 pm The Master Pack is \$5.00 each and consists of 8 games. Cards for the Early Bird, Blackout, and Winner Take All are \$1.00 per sheet.



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## Arts & Crafts

Arts and Crafts ladies meet every Thursday from 9 am to 2 pm

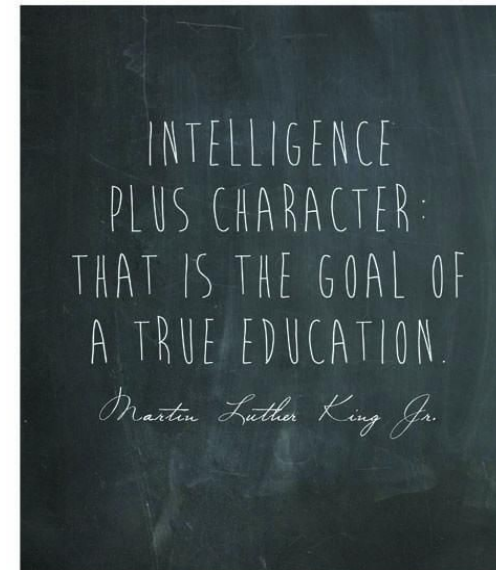
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## Computer Classes

One on one computer classes are available by appointment only. Please contact Jim Grantner at 885-1402 or 575-302-0598



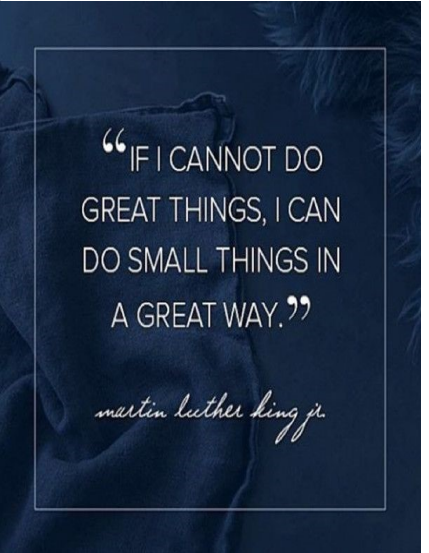
The Center and Kitchen will be closed on Monday, Jan 17th, in honor of Martin Luther King, Jr. Day



“The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.”



Martin Luther King, Jr.



## January Birthdays

- Robert Castillo - 4<sup>th</sup>
- Amparo C. Vasquez - 8<sup>th</sup>
- Billy H. Owen - 12<sup>th</sup>
- Richard Armendariz - 14<sup>th</sup>
- Rose Ann Martinez - 16<sup>th</sup>



- Robert Fancher - 20<sup>th</sup>
- Amos Urquidez - 23<sup>rd</sup>
- Beto Vasquez - 24<sup>th</sup>
- Arturo Franco - 28<sup>th</sup>
- Adelmo Castro - 30<sup>th</sup>