

NORTH MESA SENIOR RECREATION CENTER

Temporary Activity Schedule

Activities are added almost daily.
Please check with office with any questions.

Monday		
8:00-9:00	Stretch & Tone	M
9:00-10:00	Beginner Line Dance	A
9:00-11:00	Crochet	O
10:30 - 11:30	Improver Line Dance	A
12:45-2:15	Line Dance Challenge	A
1:00 - 4:30	5 Crowns	M

Tuesday		
7:00-12:00	Art Class	O
7:45-8:45	Core, Strength & Balance	A
9:00 - 10:00	Improver Line Dance wrkshp	A
9:00-10:15	Yoga	Y
10:30-11:30	Intermdt. Line Dance	A
10:30 - 11:30	Encompass Health Check	L
11:30 - 4:30	ACBL Bridge	Y
1:00 - 4:00	Hand Foot	M
1:00 - 4:00	Mah Jong	O

Wednesday		
8:00-9:00	Stretch & Tone	M
9:00-10:00	Beginner Line Dance	A
9:00 - 10:00	Intermdt Line Dance wkshp	Y
9:00-12:00	Paper Crafting 1 st /3 rd of month (Begins May 19 th)	M
9:30-11:00	Hear on Earth (1st Wed. only)	P
11:30 - 4:30	ACBL Bridge	Y
12:45-2:15	Line Dance Challenge	A
1:00-3:00	Marbles	O
1:00 - 4:30	Farkle (C. Jordan)	RR
1:00 - 4:30	Mexican Train	M

Thursday		
8:00-9:00	Core, Strength & Balance	A
9:00 -11:00	Hand Quilters	M
9:00-4:00	Zia Quilting	Y
11:00- 4:00	Lady Luck Bunco (J. Dycus) Last Thursday	M
12:00 - 3:00	Skip Bo (Marcie)	RR
12:30 - 3:30	Thurs. Bridge (2 nd & 4 th)	O
1:00-3:00	Crafts w/ Juanita 3 rd Thursday	O

Friday		
8:00-9:00	Stretch & Tone	M
9:00-10:15	Yoga	Y
11:00- 4:00	Lady Luck Bunco (J. Dycus) 2 nd Friday	M
1:00 - 3:00	Farkle (C. Todd) 2 nd & 4 th	RR

Fitness room & Pool room open daily 7:00 - 5:00 pm

Current hours are 7:00 - 5:00 pm

A - Auditorium L - Library M - Mesa O - Octotillo P - Puzzle Y - Yucca

Updated 05-05-21
North Mesa Act. Sched.