

# WELCOME

## NEW MEMBERS FOR APRIL

CAREY A. BOX	ADAN MENDOZA
LEE CARDWELL	KITTY STUART
JEDI JOHNSEN	SHEILA ACKLIN
JOY TURNER	TED MARTINEZ
MARY LANDRETH	PEARLIE MEADOWS
ALFONSO B. LUNA	GREGORIA A. LUNA
JOHNNY SUNDBERG	

National Day of  
Prayer  
May 5, 2022



### ATTENTION!

The Center will undergo some repair work this month. Crews will be working on the roof and on the parking lot. Watch your step!  
**PLEASE BE CAREFUL!**

CARLSBAD COMMUNITY  
VOLUNTEER NETWORK

VONCILE KING  
CCVN COORDINATOR  
575-887-0871



SENIOR TRIP TO RUIDOSO, NM  
TRAVEL CENTER CASINO  
FRIDAY, MAY 12, 2023  
CONTACT AMPARO TO SIGN UP

### Remember in Your Prayers

*All our friends and family members, all our fellow Americans and people all around the world who are suffering.*



#### ARSC Advisory Board

Pat Jones, Chairperson	
Jim Grantner	Liz Gordy
Tony Hernandez	Julia Williams
Linda Morgan	

Advisory Board Meetings are held on the 1st Wednesday of every month at 12:30 pm

Alejandro Ruiz Center Staff  
Manager—Amparo Vasquez  
Assistant Manager—Corina Yrigollen  
Activities Assistant—Lionel Munoz  
Facility Maintenance—Rene Gutierrez

2023

## MAY NEWSLETTER



Alejandro Ruiz Senior Center  
120 Kircher Street  
575-885-1402



The Kitchen and the Center will be closed on Monday, May 29th in observance of Memorial Day.

Mother's Day  
Tea  
Wednesday,  
May 10th  
9:30 a.m.

Senior Meals are served daily from 11:30 to 12:30 pm. For those 60 years of age or older the suggested donation is \$3.00. If you are under the age of 60, the cost is \$9.00.

### Dance/Bail

Friday,  
May 26, 2023  
6:00 pm to  
9:30 pm

#### ALEJANDRO RUIZ CENTER HOURS

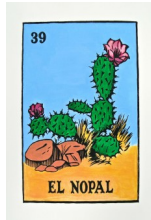
The Center is open Monday through Friday, 7 am to 5 pm  
Closed Saturday and Sunday.



**What's Going On At Alejandro Ruiz Center**

*Walking with Lionel*  
Monday, Wednesday and Friday

*Mexican Bingo*  
Tuesday  
9:30 to 10:30



*Creative Coloring*

Monday through Friday,  
from 9 am to 10 am



*Weight/Exercise*

*Room*

*CHAIR YOGA/CHAIR AEROBICS*



TUESDAYS  
AND  
WEDNESDAYS  
AT 10 AM

Treadmills, bicycles, free weights and more.

*Line Dancing*

Line Dancing  
every Monday  
from 1:30 pm



Group meets  
and Thursday  
to 4 pm.

*Quilting*

The Quilting  
every  
from 9:30

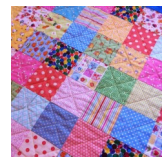


*Group*

Group meets  
Wednesday  
am to 3 pm.

*Blood Pressure Check*

The nurses are here every  
Wednesday from 10:30 am to  
11:30 am



*Pool Room*



San Jose Tuesday Afternoon  
Bingo is held every Tuesday  
from 1 pm to 4 pm The  
Master Pack is \$7.00 each  
and consists of 8 games.  
Cards for the Early Bird,  
Blackout, and Winner Take  
All are \$1.00 per sheet.

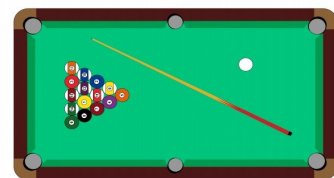


*Arts & Crafts*

Arts and Crafts ladies meet every  
Thursday from 9 am to 2 pm

*Computer Classes*

One on one computer classes are  
available by appointment only.  
Please contact Jim Grantner at  
885-1402 or 575-302-0598



**MOTHERS  
ARE ANGELS  
ON  
EARTH**



EVERYDAY I WAKE  
UP AND THINK  
HOW ON EARTH  
DID I BECOME  
THIS MUCH LIKE  
MY MOTHER!

"I WANT MY CHILDREN TO  
HAVE ALL THE THINGS I  
COULDN'T AFFORD. THEN I  
WANT TO MOVE IN  
WITH THEM."

- Phyllis Diller

IT'S NOT EASY BEING  
A MOM. IF IT WERE  
EASY, FATHERS  
WOULD DO IT.

BETTY WHITE

MY MOTHER'S MENU  
CONSISTED OF TWO  
CHOICES: TAKE IT  
OR LEAVE IT.

BUDDY HACKETT

Why don't kids  
understand that their  
nap is not for them  
but for us?

Alyson Hannigan

The quickest way for  
a parent to get a  
child's attention is to  
sit down and look  
comfortable.

IF AT FIRST YOU  
DON'T SUCCEED, TRY  
DOING IT THE WAY  
YOUR MOM TOLD  
YOU TO DO IT FROM  
THE START.

**MAY BIRTHDAYS**



Pat Jones—2nd  
Crusita Vigil—4th  
Evodia Jones—6th  
Yanira Serrano—10th  
Lilly Martinez—11th  
Jackie Rayroux—14th



Calvin Crow—18th  
Linda Hernandez—22nd  
Liz Gordy—25th  
Art Andrade—25th  
Bertha Hernandez—26th  
Melody Smith—28th  
Rudy Ledesma—31st

Like all parents, my husband  
and I just do the best we  
can, and hold our breath, and  
hope we've set aside enough  
money to pay for our kids'  
therapy.

MICHELLE PFEIFFER

The most remarkable  
thing about my  
mother is that for  
thirty years she served  
the family nothing but  
leftovers. The original  
meal has never been  
found.

CALVIN TRILLIN

I am like a flower that is  
raised with love by you. You  
helped me grow up big and  
strong Mom, Thanks for all  
you do.