

North Mesa Senior Recreation Center Activities Schedule

1112 N. Mesa Street, Carlsbad, NM 88220

(575) 885-6487

Physical Fitness

Aerobics

Daily 7:45—8:45 am

Stretch & Tone

Monday, Wednesday

& Friday 8:00—9:00 am

Yoga

Tuesdays & Fridays 9:00—10:30 am

Fitness Room

Daily

Fitness Equipment Instruction

Monday 10:00 am

Wednesday 6:00 pm

Must RSVP at front desk

Meetings

AARP

3rd Monday 3:00—4:30 pm

AARP Board

1st Monday 2:00—3:30 pm

Defensive Driving

Varies—See Front Desk and/or Newsletter

Disability Group

1st Friday 10:30 am—12:00 pm

International Good Neighbor Council (IGNC)

2nd Tuesday 6:30—8:30 pm

Educational Programs

iPad Class

2nd & 4th Tuesday 1:00—2:00 pm

Bridge Lessons

Thursday 5:00 pm (by request)

Arts & Crafts

Art Classes

Tuesdays 9:00 am—12:00 pm

1st, 3rd

& 4th Fridays 9:00 am—12:00 pm

Beading

Wednesdays 5:30—8:00 pm

Crochet

Mondays 3:00—4:30 pm

Friday Hand Quilters

Fridays 9:00 am—12:00 pm

Zia Quilting & Stitchery Guild

Thursdays 9:00 am—5:00 pm

Potlucks/Socials

Senior Socials

2nd & 4th Friday 12:00—1:00 pm

Birthday Dance Potluck

3rd Wednesday 7:00—9:30 pm

Bingo Potluck

1st Thursday 6:00—8:00 pm

Card Games

2 Table Bridge (Card Sharks)

2nd & 4th Thursday 12:30—3:30 pm

2 Table Bridge

1st & 3rd Friday..... 12:00—5:00 pm

5 Crowns

Mondays 1:00—5:00 pm

Bridge (ACBL)

Monday, Tuesday

& Wednesday..... 12:30—5:00 pm

Fridays 5:00—9:30 pm

Canasta

1st Friday 12:30—3:30 pm

Hand & Foot

Tuesdays 12:30—4:00 pm

Pinochle

Tuesdays & Thursdays 5:00—9:00 pm

Skip Bo

1st & 3rd Thursday..... 1:00—3:00 pm

Miscellaneous Games

Bingo

Thursdays..... 6:00—8:00 pm

Bunco

1st Thursday 6:00—8:30 pm

Bunco Belles

1st Wednesday 6:00—9:30 pm

Dominoes

Fridays 5:00—8:30 pm

Farkle

1st & 3rd Tuesday 1:00—4:00 pm

2nd & 4th Friday 1:00—4:00 pm

Hand & Foot

Wednesdays..... 12:30—4:00 pm

Lady Luck Bunco

2nd Friday 11:00 am—4:00 pm

Last Thursday 11:00 am—4:00 pm

Mah Jong

Tuesdays 12:30—5:00 pm

Marbles

Wednesdays 1:00—3:00 pm

Pool Room

Daily



Center Hours:

Monday 7:00 am—5:00 pm

Tuesday 7:00 am—9:00 pm

Wednesday 7:00 am—10:00 pm

Thursday 7:00 am—9:00 pm

Friday 7:00 am—10:00 pm

Closed Saturday & Sunday