

2018

AUGUST NEWSLETTER



AARP Defensive Driving Class will be held on Friday, August 17th from 8:00 am—Noon. Please contact Sulema Navarrete at 575-802-8508 if you are interested in taking this class.

The fee is \$15 for AARP members and \$20 for non-members.

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**AARP Board** will meet August 6th at 2:00 pm

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There is **NO AARP** meeting in August

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8 Ball Pool Tournament
 Tuesday, August 7th – 5:00 pm
 \$5.00 Entry Fee
 Sign Up at front desk!



SCHOOL BUS

It's that time of year again! With school starting back up be sure to keep an eye out for children crossing the street, obey speed limits and slow down! Let's all have a safe and happy year!



NMSRC Hours

Monday	7:00 am–5:00 pm
Tuesday	7:00 am–9:00 pm
Wednesday	7:00 am–10:00 pm
Thursday	7:00 am–9:00 pm
Friday	7:00 am–10:00 pm
Saturday & Sunday	Closed

Please **DO NOT** flush brown paper towels in the toilets as this has caused a huge plumbing problem for the Center!

Thank you!



HEAR ON EARTH will be now be here on the 1st & 3rd Tuesday of each month to help with hearing aid batteries and repair, or even schedule a hearing test!

What's Going On Around Town



Healthy Woman 10th Anniversary Dinner & Speaker Thursday, August 2nd 6:30 pm

Join Carlsbad Medical Center for an evening of fun and inspiration featuring the most decorated gymnast in United States history, Shannon Miller. With seven Olympic medals, Shannon utilizes her critical insight to share what it takes to be a winner: the importance of goal setting, leadership, maintaining a positive attitude and teamwork. This is an event you won't want to miss!
Location: Pecos River Village Conference Center, 711 Muscatel Avenue
Cost: \$35 per person (dinner incl.)
To reserve your spot, call 575-887-4160.



Carlsbad Downtown Farmers' Market Saturdays August 4th, 11th, 18th & 25th 8:00—11:00 am

Come and get fresh fruits, vegetables and homemade crafts every Saturday morning throughout the summer on the Eddy County Courthouse lawn.
Admission: FREE
102 S. Canal

Eddy County CASA for the Kids Benefit Saturday, August 11th Golf Tournament 8:30 am Dinner & Silent Auction 6:00 pm

Start the morning with a Shotgun Start Golf Tournament at 8:30 am. at Riverside Country Club. Golf Tournament Entry: \$300 per 4 person team, includes green fee and cart with breakfast burritos provided by La Tienda and a Grab and Go lunch provided by Church Street Grill. For reservation to tournament call the Pro Shop at 885-4253



End the day with a silent auction, dinner and live auction at 6:00 pm. at the Pecos River Village Conference Center. There will be an opportunity to view all items being auctioned during cocktail hour.
Platinum: \$1200 includes 1 golf team of 4, green fees and cart, tee box sign on golf course and dinner for 8 at a premium reserved table.

Gold: \$800 dinner for 8 at a reserved table

Bronze: \$150 dinner for 2 at a table for 8
For reservations call 887-5966

DINNER AND AUCTION



Cash Management and Credit Recovery Friday, August 17th 11:30 am—1:30 pm

Are you ready to take control of your finances and your budget? Would you like to own a home, or make repairs to your existing one? If so, come and learn about the following:

- What affects your credit score
- How to make your credit score go up
- Different resources to help you budget
- USDA-RD programs to purchase your home at a low interest rate and ease of application process.
- USDA-RD loan program to repair your existing home at a great interest rate.

Location: New Mexico Workforce Connection Center, 323 S. Halagueno Street
Admission: FREE
Register online at www.wesst.org or call 575-624-9850



Carlsbad Public Library

Have you been to the library recently? It's much more than just a place to check out books!

Our library features the following:

Downloadable:

- e-books
- Audiobooks
- e-magazines
- music

Adult Learning Center:

- Build your math skills
- Become a better reader
- Improve writing skills and grammar
- Become a US citizen

Career Center:

- Learn more about a career
- Prepare for an entrance or occupation exam
- Join the military or become an officer

Computer Skills Center:

- Get started with your computer
- Get started with the internet
- Popular software tools
- Learn computer graphics and illustrations
- Understanding your operating system

High School Equivalency Center

- Build your basic skills
- Prepare for the GED test

College Center:

- Review math, reading, grammar, writing, and science skills
- Prepare for college placement exams
- Prepare for graduate student admissions exams

All you need is a library card to access these online resources!

Library Hours:

Monday-Thursday	9:00 am—8:00 pm
Friday-Saturday	9:00 am—6:00 pm
Sunday	Closed



City Transit

887-2121

Municipal Transit Hours:

Demand Response (public dial-a-ride door to door service)*:

\$2 per person, per trip, with one day advanced reservation

6:00 am—6:00 pm

Monday—Friday

* Same Day Service (if available)

\$5 per person, per trip

Fixed Route:

50¢ per person, per trip

7:00 am—5:00 pm

Monday—Friday

Complementary ADA Paratransit Service*:

\$1 per person, per trip

6:00 am—6:00 pm

Monday—Friday

* Requires documentation to determine eligibility & one day prior advance reservation

Office Hours:

Monday-Friday

8:00 am-5:00 pm



New Mexico Aging & Long-Term Services

Do you need help with any of the following?
Call toll-free at 1-800-432-2080

The ADRC can help you with:	AAA and Senior Services can help you with:
<ul style="list-style-type: none"> • Long-Term Care Options • Homemaker Assistance • Home Modifications • Transportation • Home-Delivered Meals • Assisted Living and Long-Term Care Facilities • Independent Living Centers • Medicare and Medicaid Help • Prescription Drug Assistance • Centennial Care Waiver for Community Benefit • Legal Services • Social Security • Veterans Services • Senior Centers • Respite Care • Community Information & Education • New Mexico Social Services Resource Directory 	<ul style="list-style-type: none"> • Adult Day Care • Case Management • Congregate Meals • Home Delivered Meals • Homemaker/Chore Services • Transportation • Health Promotion • Disease & Injury Prevention • Nutrition Education • Caregiver Support • Respite Care • Employment Services • Volunteer Opportunities • HIV/AIDS Education and Services

Legal Resources for the Elderly Program

**A statewide, free legal helpline for
New Mexico residents 55 and older.**



Albuquerque 505-797-6005 Statewide 1-800-876-6657
www.nmbar.org/public/LREP Monday–Friday • 8 a.m.–5 p.m.

Legal advice is available for most civil legal issues, such as:

- Financial Problems
- Bankruptcy
- Landlord/Tenant Disputes
- Long-Term Care
- Medicare/Medicaid
- Estate Planning
- Employment
- Grandparent Caregivers
- Social Security Disability
- Probate

(LREP does not provide legal help for criminal matters)

They can help with questions like...

Will I have to give up my home to get Medicaid assistance for my spouse's nursing home care?

Can I do anything about the harassing calls I'm receiving from my creditors?

My child wants me to co-sign on a loan. Should I do it?

Do I need a financial power of attorney or a living will?

Should I mortgage my house to pay my creditors?

LREP Services: • Legal Advice • Brief Legal Services • Legal workshops

Who Is Eligible? All New Mexico residents 55 and older, regardless of income.

What Will It Cost? There is no charge to speak with an LREP staff attorney.

Our Attorneys specialize in legal issues affecting seniors.

Services available in both English and Spanish.

August Birthdays

1)	Jane Harrington Bill Crabb Sharon Click Domingo Armendaraz Jack Blanchard		Albert Dominguez Tiger Lily Joe Martinez Jr. Cathy Reed Daniel Fessenden		Judy Lacey Beka Flores Dorothy Thomas Joanna Yeh Maria Elena Gonzalez
2)	Delila DeAvila Billy Sherrell Janet Ellis Marchelle Lashley John Reiland Shayne Davis	13)	Vickie Cox Cheryl Todd Sammy Clark Brad Herndon	25)	Patricia Greene Danny Florez
3)	Nancy Porter Maytha Daniesl Rick Onsurez William Perez Candy Westrich George Snow	14)	Marti Raitch Emilia Q. Williams Stanley Doyle Betty Huth	26)	Debra Herbst Jacqueline Carroll Carlos Martinez Debbie Caughron Julie S. Lopez Glen Porter
4)	Edmundo Hernandez Quata Brantley	15)	James Fugate Sybil Scarbrough Sally Phillips Delia Martinez Edwin Clark Darrell Reed	27)	Janell Panches Deedra Morse Linda Martin Margie Aragon Alice Vasquez John Tigert Mary Methola Tommy Williams
5)	Tom Huff Robin Martinez	16)	Jay Redman Candice Dunlop Deana Wells	28)	Jeanette Wallace Sue Plumlee Patricia Stein Kenneth Hargues LaVerne Meyer Stan Harris
6)	Katherine Gunning Levi Taylor Donna Kay Bearden Linda Nowak	17)	Denise Pace		Sandi Jones Sadie Chavez Crystal Deal Bob Bailey Yvette Navarrete Lonnice G. Smith
7)	Mike Cawley Angela Klinger Raylene Spencer Joyce Smith	18)	Kenneth Urquidez Erin Lynch Kiffanie Twitchell Michael Brown Suzanne Wells Linda Walker Pam Johnson	29)	Gerri Jones Theresa Martinez Tammy Clifton Gabriela Sims Betty Egbom Archie Jean Bucharan Dub Murill Pat Claburn Pat Courter
8)	James Purcell JoAnn Moore Maria Corora Shauna Rodgers Robert Havel Dorinda Gomez	19)	Heather Sarford Sharon Patterson Brenda Aberrathy Robert Schrock Al Molinar Heather Sarford Marilyn Gossett Virgie Ortega	30)	
9)	Pamela BrownSilva Donia McDaniel Clint Meadows		Albert Castaneda Sonny Adcock Mary Lou Madrid	31)	
10)	Pat Allen Jane Crews Helen Havlik Bruce Faulk Lorenzo Muniz	20)	Albert Castaneda Patty Zink Sonny Adcock Mary Lou Madrid		
11)	Lisa Roback Annette Mays Pamela Coley-Lewis Angie Mendoza Charles Dunlap Rebecca Walker Katherine Weber	21)	Jackie Parker Helen Rogers Francia Pabustan		
		22)	Elena Corora Christi Leigh Annette Hauser Verna Stell Jimmie Childress Mark Rodriguez		
12)	Robert Burton Kimberly Lotz Rodolfo Parra Jody McCauley	23)	Richard Self Leon Marquez Louise Russell		
		24)	LaDell Stafford		



Oil

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E P N T V T H D G N I S S E C O R P P B T H B P E E W L P Z V T G S P
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BARRELS	FRACKING	TION	PLATFORM	SHALE
BLACK	GAS	JACK	PROCESSING	SHELF
CAP	GATHERS	LAND	PRODUCE	STACK
CARBONATE	GEOLOGY	LOG	PUMP	STRUCTURE
CORE	GOLD	MAP	RESERVOIR	TRAP
DOME	HIGHS	MARINE	RIG	VELOCITY
DRILL	HORIZON	MIGRATE	RISK	WELL
DRY	HYDROCAR-	OIL	SALT	
EXPLORE	BON	PARTNERS	SAND	
FAULT	INTERPRETA-	PIPE	SEISMIC	

The Friends of North Mesa Senior Recreation Center

accepts donations to help with items for our center that are not in our budget. Memorials or honorarium gifts to the Friends of North Mesa Senior Recreation Center pay a lasting tribute to those who are important to us. Donations are tax deductible and are utilized to improve the center for our members! Donations can be made at the Carlsbad Foundation:

114 S. Canyon Street
Carlsbad, NM
575-887-1131

Make Checks payable to:

The Friends of North Mesa Senior Recreation Center Fund



Remembering those we have lost
Juan Garza—July 7, 2018



NMSRC Advisory Board

Sally Garner, Chairperson	Beth Frederick
Jean Lockman, Vice-Chairperson	Ysidro Molinar (Moe)
Jigger Skilleen	Helen DeAndrea
Jory Redman	

Advisory Board Meetings are held on the 2nd Wednesday of every month at 3 pm

On the lighter side...

As a senior citizen was driving down the freeway, his cell phone rang. Answering, he heard his wife's urgent voice warning him, "Herman, I just heard on the news that there's a car going the wrong way on Interstate 77. Please be careful!"

"Heck!" said Herman, "It's not just one car. It's hundreds of 'em!"

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An elderly man in Louisiana had owned a large farm for several years. He had a large pond in the back. It was properly shaped for swimming, so he fixed it up nice with picnic tables, horseshoe courts, and some apple, and peach trees.

One evening the old farmer decided to go down to the pond, as he hadn't been there for a while, and look it over. He grabbed a five-gallon bucket to bring back some fruit. As he neared the pond, he heard voices shouting and laughing with glee.

As he came closer, he saw it was a bunch of young women skinny-dipping in his pond. He made the women aware of his presence and they all went to the deep end. One of the women shouted to him, "We're not coming out until you leave!"

The old man frowned, "I didn't come down here to watch you ladies swim naked or make you get out of the pond naked."

Holding up the bucket he said, "I'm just here to feed the alligator."

Some old men can still think fast.

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A young grandson asked his grandfather how old he was, and the grandpa teasingly replied, "Well, I'm not exactly sure how old I am."

The little boy advised, "You have to look in your underwear, Grandpa. Mine says I'm 4 to 6."

NMSRC Staff

Manager—Dina Navarrette
Assistant Manager—Tina Swindell
Attendants—Angie Mendoza
Facility Maintenance—Frank Frizell