

**Minutes of the
North Mesa Senior Recreation Center Advisory Board
Held at North Mesa Senior Recreation Center
Regular Meeting
1112 N. Mesa
Wednesday, March 9, 2016**

Voting Members Present:

Sally Garner	Chairperson
Jean Loafman	Vice-Chairperson
Sonny Adcock	Member
Jigger Skillern	Member
Beth Frederick	Member
Helen DeAnda	Member
Ysidro Molinar	Member

Voting Members Absent:

Board Secretary Present:

Dina Navarrette	Center Manager
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Others Present:

Tina Swindell	Asst. Center Manager
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1. ROLL CALL OF VOTING MEMBERS AND DETERMINATION OF QUORUM

Roll call of those present was taken at 3:00 p.m. by Sally Garner. It was determined that a quorum was present.

2. APPROVAL OF THE AGENDA

The motion was made by Jean Loafman and seconded by Beth Frederick to approve the agenda of the March 9, 2016 meeting. The vote was as follows:

Yes – Jigger Skillern, Sonny Adcock, Beth Frederick, Helen DeAnda, Ysidro Molinar, Jean Loafman, Sally Garner

No - None

Absent – None

3. APPROVAL OF THE FEBRUARY 10, 2016 MEETING MINUTES

The motion was made by Jigger Skillern and seconded by Sonny Adcock to approve the minutes of the February 10th meeting. The vote was as follows:

Yes – Jean Loafman, Sonny Adcock, Jigger Skillern, Beth Frederick, Helen DeAnda, Ysidro Molinar, Sally Garner

No - None

Absent – None

4. INTRODUCTION OF YSIDRO MOLINAR AS NEW BOARD MEMBER

Sally Garner introduced Ysidro Molinar as a new Board Member.

5. ELECTION OF CHAIRPERSON AND VICE-CHAIRPERSON

The motion was made by Jigger Skillern and seconded by Jean Loafman to re-elect Sally Garner as Chairperson. The vote was as follows:

Yes – Jigger Skillern, Ysidro Molinar, Helen DeAnda, Beth Frederick, Jean Loafman, Sonny Adcock, Sally Garner

No - None

Absent – None

The motion was made by Jigger Skillern and seconded by Beth Frederick to elect Jean Loafman as Vice-Chairperson. The vote was as follows:

Yes – Jigger Skillern, Ysidro Molinar, Helen DeAnda, Beth Frederick, Jean Loafman, Sonny Adcock, Sally Garner

No – None

Absent - None

6. DISCUSS AND CONSIDER REMOVAL OF FLOWER BED

Dina discussed the removal of the front flower bed and the safety issue of the concrete table top not being attached. She would like to add tables so that the area can be better used by our members as well as improving the aesthetics of the front lawn area of the building. Dina said she will look into the cost of contracting out the maintenance of our plants and flowers. Ysidro suggested contacting the Living Desert State Park during their annual plant sale in April to purchase plants native to our area. Sally said we could also contact them to plan out a zero landscape plan to minimize maintenance. It was agreed that Dina would get more information about options and the board would re-visit this agenda item.

7. TOUR FITNESS ROOM AND DISCUSS OPTIONS FOR PUZZLES

Dina gave the board members a tour of the fitness room. Dina has found a system of dumbbells that would require less space and be safer and easier for members to use. The multi-gym is getting more use due to the increased amount of people exercising daily and the younger age of members joining is causing more wear and tear on the equipment. Dina has requested additional funds in the equipment maintenance and repair line item in the upcoming budget to keep up with the repairs of the machines. Dina has requested funds for an additional treadmill which would bring the total to five. We recently purchased two recumbent bikes, and are possibly looking at getting a third one if the budget permits. The puzzle location still presents a challenge. As additional exercise equipment is added to the fitness room, we have to utilize all of the space that we have in order to accommodate our growing population of exercisers. We are looking at all options to make them as comfortable as possible. Jean and Helen said they could approach the members that do the puzzles to see what their concerns are. It was suggested to keep the puzzle options on the agenda and once we have more concrete ideas, we will invite the members who do the puzzles to a board meeting to discuss this further.

8. UPDATE ON NMSRC ACTIVITIES AND EVENTS

Dina is submitting in her budget the request for additional operational hours for the center as well as additional staff to cover those times and to help alleviate the current challenges of scheduling staff. We recently tried to collect member data, such as age groups, in order for Dina to apply for grants from the state. Members did not participate and we had numerous complaints. Dina encouraged the board to assist us in getting member participation so that we can apply for funding when available.

9. ANNOUNCE NEXT MEETING DATE AND TIME

The next meeting will be held on Wednesday, April 13th at 3:00 pm.

10. ADJOURNMENT

The motion was made at 3:51 pm by Jigger Skillern and seconded by Beth Frederick to adjourn. The vote was as follows:

Yes – Jigger Skillern, Ysidro Molinar, Helen DeAnda, Beth Frederick, Jean Loafman, Sonny Adcock, Sally Garner

No - None

Absent – None

Minutes approved on behalf of the North Mesa Senior Recreation Center Advisory Board:

Sally Garner
Sally Garner, Chairperson

19 April 2016
Date